

## Assessment Instruments

Instruments		
Measurement categories		
<i>Cognitive assessments</i>	Wide-Range Achievement Test-3	Benton Judgment of Line Orientation
	Trail-Making Tests A&B	Animal Naming Test
	Color-Word Interference Trials 1,2,3,4	Logical Memory Story A Immediate Recall
	Weschler Adult Intelligence Scale-IV	NIH Toolbox - Flanker Inhibitory Control and Attention Test
	Digit Span Forward, Backward, and Sequencing trials	Montreal Cognitive Assessment
	Controlled Oral Word Association Test	North American Adult Reading Test
	Boston Naming Test	Uniform Data Set- Neuropsychological Battery 3.0
	California Verbal Learning Test-II	Torrance Tests of Creative Thinking
	Brief Visuospatial Memory Test	Patient Health Questionnaire
	WAIS-III Block Design	
<i>Physical assessments</i>	Community Health Activities Model Program for Seniors	
	California Older Persons Pleasant Events Scale	
	Borg Rating of Perceived Exertion	
	Physical Activity Enjoyment Scales	
	NIH Toolbox - Standing Balance Measure	
<i>Psychological assessments</i>	<b>Depression/Anxiety scales</b>	
	Geriatric Depression Scale-Short Form	
	Geriatric Depression Scale	
	Center for Epidemiological Studies Depression Scale-Revised	
	Depression Inventory	
	Beck Anxiety Inventory	
	<b>Well-being Scales</b>	

## Assessment Instruments

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Well-Being Manifestation Measure  
Scale (WBMMS)

Psychological well-being measure  
(Ryff, 1989)

Psychological Well-Being Scale  
(Diener & Biswas-Diener, 2009)

Ryff Scales of Psychological Well-  
Being

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### **Empathy/Compassion scales**

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Santa Clara Brief Compassion Scale

Self-Compassion Scale

Toronto Empathy Questionnaire;

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### **Affect/Mood scales**

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Positive and Negative Affect  
Schedule

Bradburn Affect Scale

Scale of Positive and Negative  
Experience

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### **Quality of life scales**

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Quality of Life – AD

Satisfaction with Life Scale

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### **Self-esteem/regulation scales**

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Self-Esteem Scale

Self-Regulation Questionnaire

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### **Mixed scales**

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NIH Toolbox - Assessment of  
Neurological and Behavioral  
Function

Parenting Stress Index Short Form,  
4th Edition

Rap Music Attitudes and Perceptions  
(RAP) Scale

Social Responsiveness Scale

Balanced Measure of Psychological  
Needs

NEA Survey of Public Participation  
in the Arts

Harris Burdick Mystery Art Portfolio

## **Assessment Instruments**

Individual and Community  
Empowerment Inventory